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Preparation for BOWEL SURGERY

Preparing your intestine by “cleaning them out” will decrease the risk of infection and complications from your scheduled surgical procedure. Therefore it is very important that you follow these instructions.

1. Obtain 16oz of **SUPREP**. A prescription for this is given to you.
2. You will also receive a prescription for 2 oral medications, Neomycin and Erythromycin.

On the day before surgery

Drink only clear liquids. No solid food is allowed for the entire day. Please drink minimum of 6-8 oz of liquid each hour. IN order to achieve suitable bowel preparation, the entire 8 oz fluid must be consumed each hour.

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| 7am | Drink 8oz of Suprep. Finish the remaining dose at 2pm . |
| 5pm | First Dose: Take <i>Neomycin</i> 500mg and <i>Erythromycin</i> 500mg orally. |
| 6pm | Second Dose: Take <i>Neomycin</i> 500mg and <i>Erythromycin</i> 500mg orally. |
| 10pm | Third Dose: Take <i>Neomycin</i> 500mg and <i>Erythromycin</i> 500mg orally. |

After midnight, DO NOT drink or chew anything after this time including hard candy or gum. You may take all your medications (unless asked not to) with sips of water on the morning before the procedure.

Medications not to be taken on the day of surgery are:-

1. Diuretic (Water) pills (ie, lasix).
2. Diabetic Medications: Take half the dose of short acting insulin on the day of surgery. Do not take oral diabetic medications on the day of surgery as this may cause a drop in blood sugars.

Medications not to be taken **one week prior** to surgery are:-

3. Aspirin, Plavix, Coumadin (or any other medications that increase the risk of bleeding) – these medications are to be stopped one week prior to surgery. Coumadin has to be replaced with heparin injections for this time period.

If you have any questions, please contact the office (Monday to Friday 9A-5P).